



Corporate support for Conwy Mind



Thank you!

By supporting Conwy Mind, you're helping more people with mental health problems get the support they need and the respect.

Getting involved and supporting Conwy Mind as a company is a great way to motivate and unite your employees. It gets the team together whilst raising vital funds for people who are struggling with their mental health within your community.

To make supporting Conwy Mind as easy as possible we have created this pack.

This pack will be a handy starting point - it's full of advice like ways in which you can help us to planning the perfect fundraiser! But if you need anything at all, please let us know. We'll do everything we can to let you know how happy we are to have you on our side.

Thank you for caring about mental health.



How you can help us!

Not sure how you can help? Here are a few ideas to help get you started...



Charity of The Year

We know there are some incredible companies out there with a strong commitment to corporate social responsibility. If you're looking for a Charity of the Year partner, look no further! Every business is unique, and we'll work with you to create a tailored partnership that aligns with your goals while supporting mental health.

Fundraising

If you and your team are planning a one-off fundraiser for Conwy Mind, get in touch with our Fundraising Officer, who will provide everything you need. From bake sales to fitness challenges, there are plenty of fun ways to get involved and raise vital funds for mental health!



Sponsor an event

We host several major fundraising events throughout the year and are always looking for lead sponsors. Your support would be recognized across event t-shirts, marketing materials, and any event-related literature. It's a great opportunity to showcase your brand while supporting a vital cause.

Gifts/services in kind

If your business offers a service that could benefit Conwy Mind, it could make a huge difference! Cost savings are vital, especially in the current climate. Whether it's marketing support, providing equipment, or office maintenance, we'd love to hear from you and explore how you can help.



Donate a percentage of sales

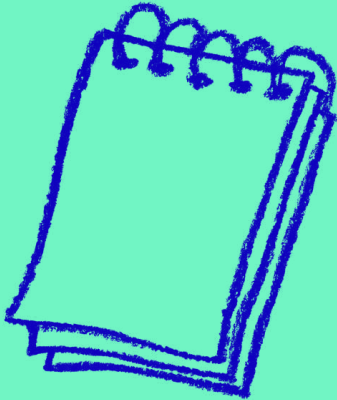
Depending on the nature of your business, donating a percentage of your sales is a simple and effective way to raise funds for Conwy Mind. Whether it's a special product, service, or event, we can help tailor an idea to suit your business. For example, you could donate a percentage of sales on a specific day or introduce a charity add-on to purchases. We're also eager to launch a partnership with the Pennies scheme, enabling customers to round up their transactions and donate the spare change directly to Conwy Mind.



We want to make supporting Conwy Mind as easy as possible, so you will work closely with our Fundraising Officers who will ensure you have everything you need, such as leaflets, banners, logos, t shirts, collection buckets and more! Don't hesitate to reach out if you need any resources, ideas or support.

How we can help you!

Not sure how you can help? Here are a few ideas to help get you started...



Training

Did you know we offer external training for organisations? Our courses equip your team with valuable skills while directly supporting mental health in your community. Every booking funds our vital work at Conwy Mind. Learn more [here](#).

Corporate team building days

Looking for a fun team-building day in beautiful North Wales? We offer engaging group challenges and physical games, teaching wellbeing skills for work and life. Your company's payment supports Conwy Mind and helps people in your community!



Resources

We offer a range of resources to support your fundraising efforts. You can create a JustGiving page to spread the word, or if you prefer, our Fundraising Officer can provide sponsorship forms. We'll also promote your efforts across our social media and website to ensure your support gets the recognition it deserves. Plus, if you need Conwy Mind leaflets, posters, banners, t-shirts, or fundraising buckets, just let us know, and we'll get them to you!





“ Conwy Mind have made me more happy and mindful. I can manage my anxiety easier now and the activities that I was given really helped me with understanding my problems. I will forever be grateful for all the help I received. ”

How your fundraising helps

£10 could enable a volunteer to go out and support someone on our befriending scheme for a day.

£25 could support a young person to access their first counselling session.

£50 could help us to run a mental health therapeutic support group session for young people.

£100 could support a young person to complete the active monitoring programme.

£300 could support a Mum's Matter 10-week course to help a group of parents to better mental health.

£1500 could support Conwy Mind to offer the full range of support services for 1 day.

Keep in touch!

If you are supporting us we'd love to know so we can shout about it and support you every step of the way.

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Conwy Mind is a registered Charity in in England & Wales.
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